

Embracing Sex and Parenthood – Step 3

Information for teachers

What we are going to learn today (learning outcomes)

The intention of the learning outcomes is to link to the content of the animation.

- What we mean by sexual intimacy.
- Feeling good about being intimate.
- What to do if something unexpected happens.
- Respecting and supporting each other.

Hopefully the animation will generate some questions from the students. Below are the suggested discussion points. These are not an exhaustive list and the students may want to talk about something else. Feel free to cover as many or as few points as time permits. The numbered questions below are accompanied by follow-ups, or prompts, in the event discussion is slow.

Class or Small Group Discussion Points

1. **Do you have any questions about the animation?**
(NB if so, ask the class if they have any answers).
2. **When relationships become romantic, people often become intimate together. What does this mean to you?**
 - a. Maybe you have seen family or friends being intimate. What types of things might they do?
 - b. What do you think about this? How do you feel about this?
3. **How would you know that it is okay to be intimate with another person?**
 - a. How would you know that they were okay with this?
 - b. How would you know that you were okay with it?
 - c. How might you feel together?
4. **What types of things might unexpectedly happen in a sexually intimate relationship?**
 - a. What about sexually transmitted infections? How might you protect each other from these?

- b. Sometimes people plan together to have a baby, but other times a girl could get pregnant unexpectedly. What could you do to avoid this? What might you do if it happened?

The children have a short workbook that they should complete (time permitting) in class or they can take home.

Here are some other resources that might prove useful

Amaze

<https://amaze.org/us/?topic=pregnancy-and-reproduction>

<https://amaze.org/us/?topic=stds-and-hiv>

RSHP (relationships, sexual health and parenthood)

<https://rshp.scot/complex-asn/pregnancy-and-parenthood/>

Down's Syndrome Association

<https://www.downs-syndrome.org.uk/about-downs-syndrome/lifes-journey/relationships-and-sex-education/>

Informing Choices NI

<https://informingchoicesni.org/leaflets>

Just the Two of Us

https://justthetwoofus.org/?_ga=2.185697260.45255485.1676291197-2011108130.1676291197#toggle-id-15-closed