

Personal Safety and Social Media – Step 1

Information for teachers

What we are going to learn today (learning outcomes)

The intention of the learning outcomes is to link to the content of the animation.

- How to stay safe when using the internet.
- Using social media.
- What to do if something uncomfortable happens.

Hopefully the animation will generate some questions from the students. Below are the suggested discussion points. These are not an exhaustive list and the students may want to talk about something else. Feel free to cover as many or as few points as time permits. The numbered questions below are accompanied by follow-ups, or prompts, in the event discussion is slow.

Class or Small Group Discussion Points

- 1. Do you have any questions about the animation?**
(NB if so, ask the class if they have any answers).
- 2. How to stay safe when using the internet.**
 - a. What do you use the internet for? e.g. homework, finding out about different things, shopping, games, etc.
 - b. How can you control how much time you spend on the internet? e.g. set a timer, have a specific time each day, etc.
 - c. How can you protect yourself when using the internet? e.g. use a strong password, etc.
- 3. Using social media.**
 - a. What social media platforms can be used? e.g. TikTok, Instagram, X, Facebook.
 - b. What effect can your online actions and behaviour have on other people? e.g. make them feel good or bad, cause them to be supported or afraid, etc.
- 4. What to do if something uncomfortable happens.**
 - a. Who can you talk to? e.g. parent, teacher, trusted person.

The children have a short workbook that they should complete (time permitting) in class or they can take home.

Here are some other resources that might prove useful

Amaze

<https://amaze.org/us/?topic=healthy-relationships>

Daniel Morcombe Foundation Inc.

https://danielmorcombe.com.au/wp-content/uploads/2023/09/DMF_KKS_Resource_Booklet_2023_FINAL.pdf